

# The Dream Roundup Newsletter

June 6, 2002

www.dreamroundup.com



Let's Save America National

DREAM ROUND-UP

Dear Dreamers,

Rob McKenna, a professor at North Idaho College, teaches a night class in computers. On the evening of May 8, a virtual Class Tour camera recorded his students logged on to [www.dreamroundup.com](http://www.dreamroundup.com), writing their dreams. To take a peek at the magic of dreamwriting in progress, go to:

<http://www.systemicinc.com/dreamroundup/dreamroundup.htm>

Idaho is the star state this week, in 2nd place overall. Florida still leads, and Washington is 3rd, but Pennsylvania just might take the lead. That's because Pennsylvanian Jennifer Groover requested 500 dream applications and plans to distribute them at a large corporate event next month. She estimates she'll return 250 of them, full of dreams, to Dream Roundup Headquarters.

I have no new states to welcome for the past week! Do you know anybody in D.C., Mississippi, Iowa,

Karen Hayes, DVM,  
Dream Newsletter  
editor



New Hampshire, Kentucky, New Mexico, Louisiana, Oklahoma, Maine, or Vermont? Give them a call. Remember:

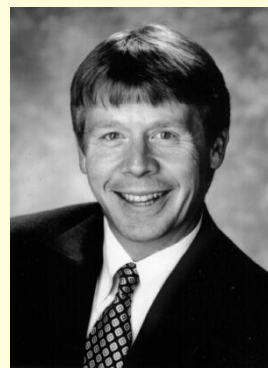
**DREAMS FROM EVERY STATE BY THE 4TH OF JULY!**

Submit your dreams online, or send hard copy to Dream Roundup Headquarters at P.O. Box 2869 Coeur d'Alene, ID 83816. To order

## From The Boardroom

We've made a big deal about the fact that your dreams are kept completely confidential. But some dreamers tell us they wouldn't mind if others wanted to take a peek at their dreams.

For them, our webmaster is creating a venue on the website for what we'll call PUBLIC DREAMS. We hope to get periodic updates from those who choose to make their dreams public.



Brad Dugdale, Dream  
Roundup founder

Co-founder Kelly Hughes and I are thrilled to be working with Academy Award-winning actress Patty Duke on the Dream Roundup. Patty's a dreamer from way back—she's written her aspirations since she was a child and admits that just about every dream penned in her journals has come true. She believes in the Roundup's global mission. "The timing is right," she told Megan Cooley of the Coeur d'Alene Press. It surely is.

May all your dreams come true!

--Brad

Dream Application forms, send us an e-mail:

[dreamteam@dreamroundup.com](mailto:dreamteam@dreamroundup.com)

Peaceful and prosperous dreams to you all.

--Karen

## The Mailbox

DreamTeam member Dr. Daniel Hayes received this letter.

"I am interested in learning what you feel are the essential skills needed to make it in life. [I want to] learn...to maximize my pleasure in life, happiness and success so I too can make a positive difference in this world. Sincerely, Jack"

Dear Jack:

We aren't born with the skills that help us live a good life—they are not essential for survival. They are, however, essential if we want to thrive, maintain lasting, mutually satisfying, loving relationships, succeed as students, succeed in business, raise well adjusted children, enjoy life to the fullest, be happy and fulfilled, and make a positive contribution.

Buy a blender, and you'll get an owner's manual that tells you how to use it, and what to do if it breaks down. No such instruction comes with your brain, your heart, and your soul. Most of what we take with us into the world is taught in our family of origin, which usually is strong in some areas and weak in others. So, you step into the "real world" with some strengths and some weaknesses. For example, in recent history,

## TELL-A-FRIEND

Go to

<http://www.dreamroundup.com/tellafriend.php>

to forward this newsletter to one or more friends, and encourage them to plant their dreams!

Thanks but no thanks  
If you'd rather not receive this weekly newsletter, no problem. Simply send a reply to this e-mail by hitting the 'reply' button, and write "UNSUBSCRIBE" in the subject line. Our webmaster will take you off the e-mail list right away. Thanks!

50% of marriages fail. That means 50% of all children on this planet learn about relationships from parents who don't get along.

The good news is, it's never too late to learn, and the skills you lack are teachable and learnable.

What are those "essential" skills? The ones you need are unique to you, depending on where the holes are in your "life" education, but for most people they'd include one or more from the following list.

- \* How to manage your own emotions.
  - \* How to balance your needs, wants and desires with the needs, wants, and desires of others.
  - \* Learn about fairness.
  - \* How love is defined, and how to make your loved ones FEEL loved by you.
  - \* What makes YOU feel loved, and how to communicate that information.
  - \* How to use your brain: to study, learn, remember, and retrieve. How to stay sharp.
  - \* Keep peace with your teenagers.
  - \* How to age gracefully.
  - \* How to accept love from others.
- Stay tuned, Jack. I'll tackle these skills, and others, one at a time in the Dream Roundup Newsletter, in my CDs, and my upcoming book.

Daniel S. Hayes, Ph.D., L.L.C.  
Psychologist

Never  
let  
your  
dreams  
die!